

What will we cover

- What is Problem Behavior and how can we turn it around
- ABC's of Behavior
- How to understand the Functions of Behavior.



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What are some Problem Behaviors

- Hitting
- Biting
- Noncompliance ?

• Etc.
HOW CAN WE TURN THIS AROUND????!!



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3 Kinds of Behavior

1. Behaviors I like and want to see more
2. Behaviors I don't like, but I can tolerate
3. Behaviors I don't like, and I cannot tolerate.



Category #1 Behaviors I like and want to see more



- Behaviors/Skills that are adaptive and meet learners needs in a positive way
- This category of behavior is often overlooked
- This category should include *Replacement Behaviors*
 - Example: Saying "Excuse me"; Sharing a toy; Whispering in the library; Using a napkin.

Category #2 Behaviors I don't like, but can tolerate

- These are behaviors that aren't that serious
- This category includes behaviors that might be undesirable, but are not top priority right now and are not harmful
- This category is challenging because certain behaviors can be difficult to ignore.



Functions of Behavior

4 functions or reasons (Why)

- **Escape / Avoidance**
 - To escape or avoid a non-preferred task / activity
 - Crying when asked to clean up or to come in from outside
- **Attention**
 - To gain positive or negative attention from others
 - Running away when a person calls, teasing or hitting someone to make them cry.



Functions of Behavior

4 functions or reasons (cont')

- **Access for items or activities (Tangibles)**
 - Yelling when denied access to a toy.
- **Sensory**
 - To receive automatic reinforcement
 - Nail biting, looking in the mirror, humming, body rocking, etc.
- *Sometimes a behavior may have more than one function.*
- **S-E-A-T**
 - Sensory, Escape, Attention, Tangible



Examples of Functions of Behavior

- **Escape/Avoid:**
 - Cries when presented with homework; bites when approached with toothbrush; walks away from threatening peer
- **Attention**
 - Running away as parent chases; teasing sister until she cries; saying "hello"
- **Access to Tangibles/Activities:**
 - Yelling when denied a favorite TV show; screaming in the store until mom gives a cookie; asking for a turn on the swing.
- **Sensory:**
 - Body rocking; nail biting; hand flapping; humming.






Hot Takes

Questions? Comments? Concerns?

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Positive Behavior Management Level 1

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